

Congratulations to the Winners and Participants of the

53RD ARAW NG COTABATO

Mayor Guiani Culinary Cup 2012

(“Dalag” & Shrimps Cooking Competition)

June 19, 2012

People’s Palace Lobby



1st Prize
“Dalag at Palapiga”
Recipe by: Ann Lou T. Roales



2nd Prize
“Mudfish Shrimp in Mashed
Sweet Potato w/ Coco Milk”
Recipe by: Allan Cavis T. Roales, Jr.
& Ricnele Piodena of
STI College Cotabato



3rd Prize
“Sugpo sa Bagunot”
Recipe by: Aeron Phol Del Rosario
& Tina Roa Gamboa of
Notre Dame RVM College of Cotabato



“Kinaring Dalag”
Recipe by: Ma. Victoria V. Jumawan



“Curry Dalag in Tandag”
Recipe by: Calima B. Macaagir



“Ginataang Supremong Dalag”
Recipe by: Estrellita Torquido Cruz



**“Beer Battered Fried Mudfish w/
Sweet Chili Tartar Sauce”**
Recipe by: Joanne Therese P. Baligo



“Shrimp Salad”
Recipe by: Ma. Elmin A. Abayon



“Pinalundag na Dalag”
Recipe by: Nery B. Tirao



“Courgette Spicy Shrimp Canapes”
Recipe by: Rowell B. Ulay and
Mohammad Aershad Abdullah
of STI College Cotabato



**“Piyarun Aruan” (Freshwater
Snakehead Fish w/ Coconut)**
Recipe by: Glen Mark B. Ines of
Notre Dame RVM College of Cotabato



**“Baked Prawn & Mudfish w/ Chili
Coconut Milk”**
Recipe by: Yusop E. Dimaporo and
Muhamed Makalutang
of STI College Cotabato



“Kare-Kareng Dalag at Sugpo”
Recipe by: Norberto Cañedo